

Consent - Top Tips

with delsi

- 1.** You ALWAYS need to get consent before you touch another person.
- 2.** Consent needs to be clearly and freely communicated before any sexual encounter commences.
- 3.** Consent is not just important but mandatory.
- 4.** It needs to be a F*CK YES or it is a no.
- 5.** If someone says things that don't sound like a F*CK YES such as "maybe", "umm", "I'm not sure". Then it is a NO.
- 6.** If you're keen to touch someone, it is your responsibility to get consent.
- 7.** This could look like saying: "Would you like a hug?" or "I'd love to kiss you, would you like that?"
- 8.** Consent can sound like "Yes Plz" or "I would love that".
- 9.** It can also look like an enthusiastic nod and big smile.
- 10.** Saying yes to kissing, does not mean someone is consenting to anything else.
- 11.** If you want to take a sexy time one step further, you need to get confirmation that the other person would like that too.
- 12.** This could sound like: "would you like it if I took my top off?" Or "would it be hot for you if I touched you here?"

13. Consent is also really helpful when working out what parts of a person's body people enjoy having touched and what might be off limits.
14. This is important for all humans but can be even more relevant when getting sexy with people who might have experienced sexual trauma or has dysphoria about certain parts of their body.
15. You could try asking questions like: "Is there anywhere you'd like me to touch you?" Or "Is there anywhere you would not like me to touch?"
16. Everybody has different turn ons and turn offs and you can find this out by discussing it.
17. If someone consents to a sexual activity one evening, that does not mean you have consent on a separate occasion. You need to check in again.
18. If someone is too drunk or high, they simply can't give consent. Period. So help them get home safe.
19. If someone is under the legal age of consent, they cannot give consent.
20. If someone is asleep, they can't give consent.
21. If you have a kink that involves getting sexy while your partner is asleep, chat to them about it when you're both awake and get consent to see if that is a hot activity for both of you.
22. You or your partner can withdraw consent AT ANY TIME! Not feeling in the mood anymore? All you have to say is no and it HAS TO END.
23. Are you sensing your partner is not completely into it? STOP. Check in and have a chat. Maybe they would like to stop but feel nervous about speaking up.

- 24.** Victoria has also just introduced confirmative consent laws in Victoria. This means that legally someone has to verbally receive a “yes” or a physical gesture like a nod before engaging in sexual activity.
- 25.** Remember - consent is also hot! What’s hotter than someone you’ve been dancing and vibing with looking at you and asking if you’d like to kiss them?
- 26.** Consent is also awesome for making people feel safer in your presence and can help them relax.
- 27.** This can also then improve their chances of getting off or having an orgasm - double win!

These are just a few words and tips about consent.

There is much more we could chat about and explore within this topic!

Would you like a workshop at your school, event, festival or workplace to deep dive into the world of consent?

delsi is a qualified secondary and adult education teacher who creates safer spaces for the whole of the LGBTQIA+ community through her organisations, Unicorns and with delsi.

Want to find out more about Unicorns events or with delsi workshops? Just head here: withdelsi.com and unicornsparty.com

